

## What is NASH and what is its natural history?

**NASH stands for Non-Alcoholic SteatoHepatitis.** It can be defined as the liver manifestation of a metabolic disorder, and is the most severe form of non-alcoholic fatty liver disease (NAFLD). NASH is closely related to the triple epidemic of obesity, pre-diabetes, and diabetes. But its symptoms are often silent or non-specific to NASH, making it difficult to diagnose. As a result, NASH patients can remain unaware of their condition until late stages of the disease.



## Who is at risk?

NASH is commonly observed in



Middle-aged individuals  
(>50 years of age)



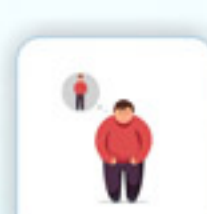
Overweight or obese individuals



Patients with Type 2 diabetes mellitus (T2DM)



Patients with high cholesterol or triglyceride levels



Patients with metabolic syndrome